

Olympiahall - Hamar

## 4. Race Result Men 5000 meter

	Name	Cat	Country	PB	Time Info
1	wt 117 <b>Jelle Plug</b>	HA2	NED		<b>DNF</b>
	rd 107 <b>Samuel Morris</b>	HN2	GBR	8:19.54	<b>7:38.05</b> PB
	<b>Jelle Plug</b>		<b>Samuel Morris</b>		
	200m	21.45	(21.45)	200m	21.01 (21.01)
	600m	55.66	(34.21)	600m	55.24 (34.23)
	1000m	1:29.61	(33.95)	1000m	1:30.05 (34.81)
	1400m	2:04.22	(34.61)	1400m	2:04.98 (34.93)
	1800m	2:38.89	(34.67)	1800m	2:40.84 (35.86)
	2200m	3:13.91	(35.02)	2200m	3:16.59 (35.75)
	2600m	3:49.34	(35.43)	2600m	3:52.74 (36.15)
	3000m	4:41.02	(51.68)	3000m	4:29.54 (36.80)
	3400m	5:22.27	(41.25)	3400m	5:06.73 (37.19)
				3800m	5:44.49 (37.76)
				4200m	6:22.25 (37.76)
				4600m	7:00.36 (38.11)
				5000m	7:38.05 (37.69)

	Name	Cat	Country	PB	Time Info
2	yw				
	bl				

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	Name	Cat	Country	PB	Time	Info
3	wt 104 <b>Niclas Mastrup</b>	HN4	DEN	7:16.00	<b>7:28.31</b>	
	rd 102 <b>Prokop Stodola</b>	HN2	CZE	7:09.00	<b>7:16.90</b>	
<b>Niclas Mastrup</b>			<b>Prokop Stodola</b>			
	200m	20.53	(20.53)	200m	20.42	(20.42)
	600m	53.62	(33.09)	600m	52.79	(32.37)
	1000m	1:28.64	(35.02)	1000m	1:27.27	(34.48)
	1400m	2:03.29	(34.65)	1400m	2:01.57	(34.30)
	1800m	2:37.52	(34.23)	1800m	2:35.44	(33.87)
	2200m	3:12.53	(35.01)	2200m	3:09.57	(34.13)
	2600m	3:47.98	(35.45)	2600m	3:44.06	(34.49)
	3000m	4:23.92	(35.94)	3000m	4:18.96	(34.90)
	3400m	5:00.16	(36.24)	3400m	4:53.51	(34.55)
	3800m	5:36.84	(36.68)	3800m	5:28.86	(35.35)
	4200m	6:13.91	(37.07)	4200m	6:04.66	(35.80)
	4600m	6:51.14	(37.23)	4600m	6:40.65	(35.99)
	5000m	7:28.31	(37.17)	5000m	7:16.90	(36.25)

	Name	Cat	Country	PB	Time	Info
4	yw 113 <b>Wester Landman</b>	HN2	NED	7:08.79	<b>7:14.41</b>	
	bl 126 <b>Karol Karczewski</b>	HN4	POL	7:13.27	<b>7:18.82</b>	
<b>Wester Landman</b>			<b>Karol Karczewski</b>			
	200m	19.98	(19.98)	200m	20.53	(20.53)
	600m	52.88	(32.90)	600m	53.45	(32.92)
	1000m	1:26.30	(33.42)	1000m	1:26.79	(33.34)
	1400m	2:00.46	(34.16)	1400m	2:00.32	(33.53)
	1800m	2:33.67	(33.21)	1800m	2:33.84	(33.52)
	2200m	3:07.49	(33.82)	2200m	3:07.26	(33.42)
	2600m	3:41.39	(33.90)	2600m	3:41.28	(34.02)
	3000m	4:15.49	(34.10)	3000m	4:15.60	(34.32)
	3400m	4:49.51	(34.02)	3400m	4:50.66	(35.06)
	3800m	5:24.37	(34.86)	3800m	5:26.76	(36.10)
	4200m	6:00.32	(35.95)	4200m	6:03.65	(36.89)
	4600m	6:37.30	(36.98)	4600m	6:41.36	(37.71)
	5000m	7:14.41	(37.11)	5000m	7:18.82	(37.46)

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	Name	Cat	Country	PB	Time	Info
5	wt 132 <b>Dietrich Varaklis</b>	HSA	SUI	6:57.72	<b>7:13.17</b>	
	rd 101 <b>Jakub Koci</b>	HN1	CZE	6:59.08	<b>7:13.50</b>	
<b>Dietrich Varaklis</b>			<b>Jakub Koci</b>			
	200m	20.71	(20.71)	200m	20.84	(20.84)
	600m	54.90	(34.19)	600m	55.30	(34.46)
	1000m	1:28.86	(33.96)	1000m	1:29.47	(34.17)
	1400m	2:03.64	(34.78)	1400m	2:03.24	(33.77)
	1800m	2:37.05	(33.41)	1800m	2:37.16	(33.92)
	2200m	3:11.08	(34.03)	2200m	3:11.21	(34.05)
	2600m	3:45.16	(34.08)	2600m	3:45.90	(34.69)
	3000m	4:20.17	(35.01)	3000m	4:20.51	(34.61)
	3400m	4:54.38	(34.21)	3400m	4:55.56	(35.05)
	3800m	5:29.47	(35.09)	3800m	5:30.71	(35.15)
	4200m	6:04.70	(35.23)	4200m	6:05.85	(35.14)
	4600m	6:39.63	(34.93)	4600m	6:40.07	(34.22)
	5000m	7:13.17	(33.54)	5000m	7:13.50	(33.43)

	Name	Cat	Country	PB	Time	Info
6	yw 120 <b>John Granli</b>	HN3	NOR	6:36.98	<b>6:43.85</b>	
	bl 106 <b>Manuel Taibo</b>	HN1	ESP	6:38.35	<b>7:02.07</b>	
<b>John Granli</b>			<b>Manuel Taibo</b>			
	200m	19.72	(19.72)	200m	20.19	(20.19)
	600m	51.56	(31.84)	600m	51.90	(31.71)
	1000m	1:23.34	(31.78)	1000m	1:23.79	(31.89)
	1400m	1:55.21	(31.87)	1400m	1:56.08	(32.29)
	1800m	2:27.22	(32.01)	1800m	2:28.79	(32.71)
	2200m	2:59.26	(32.04)	2200m	3:01.83	(33.04)
	2600m	3:31.02	(31.76)	2600m	3:35.10	(33.27)
	3000m	4:02.67	(31.65)	3000m	4:08.39	(33.29)
	3400m	4:34.19	(31.52)	3400m	4:42.47	(34.08)
	3800m	5:06.15	(31.96)	3800m	5:16.95	(34.48)
	4200m	5:38.53	(32.38)	4200m	5:51.44	(34.49)
	4600m	6:11.13	(32.60)	4600m	6:26.44	(35.00)
	5000m	6:43.85	(32.72)	5000m	7:02.07	(35.63)

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	Name	Cat	Country	PB	Time	Info
7	wt 123 <b>Kasper Tveter</b>	HN3	NOR	6:35.90	<b>6:41.22</b>	
	rd 119 <b>Sander Tveter</b>	HSA	NOR	6:29.75	<b>6:46.29</b>	
<b>Kasper Tveter</b>			<b>Sander Tveter</b>			
	200m	19.56	(19.56)	200m	20.07	(20.07)
	600m	50.55	(30.99)	600m	50.86	(30.79)
	1000m	1:21.48	(30.93)	1000m	1:21.63	(30.77)
	1400m	1:52.72	(31.24)	1400m	1:52.56	(30.93)
	1800m	2:23.85	(31.13)	1800m	2:23.73	(31.17)
	2200m	2:55.19	(31.34)	2200m	2:55.02	(31.29)
	2600m	3:26.56	(31.37)	2600m	3:26.69	(31.67)
	3000m	3:58.18	(31.62)	3000m	3:58.59	(31.90)
	3400m	4:29.81	(31.63)	3400m	4:31.07	(32.48)
	3800m	5:01.99	(32.18)	3800m	5:04.31	(33.24)
	4200m	5:34.77	(32.78)	4200m	5:38.09	(33.78)
	4600m	6:07.73	(32.96)	4600m	6:12.14	(34.05)
	5000m	6:41.22	(33.49)	5000m	6:46.29	(34.15)

	Name	Cat	Country	PB	Time	Info
8	yw 131 <b>Thibault Métraux</b>	HN3	SUI	6:29.09	<b>6:51.87</b>	
	bl 114 <b>Jasper Tinga</b>	HN1	NED	6:51.48	<b>6:54.82</b>	
<b>Thibault Métraux</b>			<b>Jasper Tinga</b>			
	200m	20.23	(20.23)	200m	19.69	(19.69)
	600m	52.14	(31.91)	600m	51.08	(31.39)
	1000m	1:24.19	(32.05)	1000m	1:23.82	(32.74)
	1400m	1:56.65	(32.46)	1400m	1:56.73	(32.91)
	1800m	2:28.71	(32.06)	1800m	2:30.02	(33.29)
	2200m	3:01.31	(32.60)	2200m	3:03.22	(33.20)
	2600m	3:34.32	(33.01)	2600m	3:36.73	(33.51)
	3000m	4:07.29	(32.97)	3000m	4:10.33	(33.60)
	3400m	4:40.17	(32.88)	3400m	4:43.83	(33.50)
	3800m	5:13.06	(32.89)	3800m	5:16.65	(32.82)
	4200m	5:46.07	(33.01)	4200m	5:49.86	(33.21)
	4600m	6:19.22	(33.15)	4600m	6:22.35	(32.49)
	5000m	6:51.87	(32.65)	5000m	6:54.82	(32.47)